

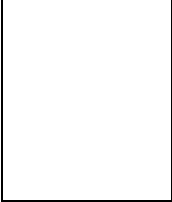
Your Digestive System

A. The Mouth Starts Everything Moving

1. The digestive system starts working _____.
2. Sometimes your body takes _____ to digest, other times, it can take _____!
3. Digestion is the process that allows your body to get the _____ & _____ it needs from food the you eat.
4. Even before you eat, _____ forms in your mouth.
5. When you do eat, _____ breaks down chemicals in food, which helps make food _____ & _____.
6. Your helps by pushing food around while your chew.

7. Mashed-up food is called _____.
8. Bolus gets pushed to the back of your throat to opening of the _____, the second part of the digestive tract.

B. On the Way Down

1. The  is like a stretchy pipe, _____ inches long!
2. It takes food from the back of your throat to your _____.
3. When you swallow bolus, a small _____ called the _____ flops down over the windpipe to make sure food enters the _____, NOT the windpipe!
4. Sometimes when a person coughs after eating or drinking, they are told, “Oh, that went down the wrong tube or the wrong way!” Draw a picture of what that means, and describe what you wrote on the lines.



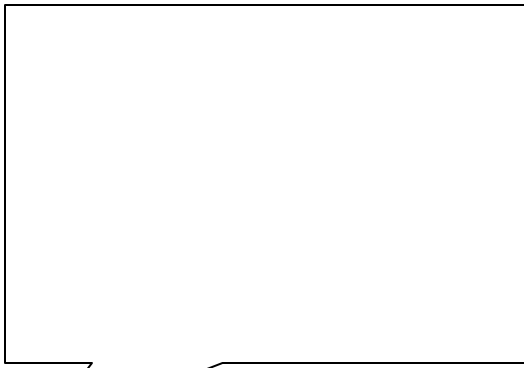
Food or Drink Going Down the Wrong Tube

C. See You in the Stomach

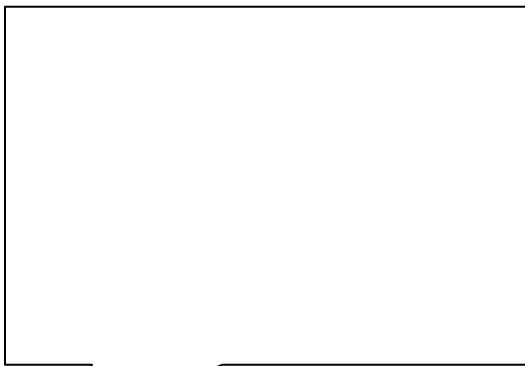
1. The stomach has three BIG jobs. Illustrate them using COLOR in the boxes and describe them on the lines.



Important Job 1



Important Job 2

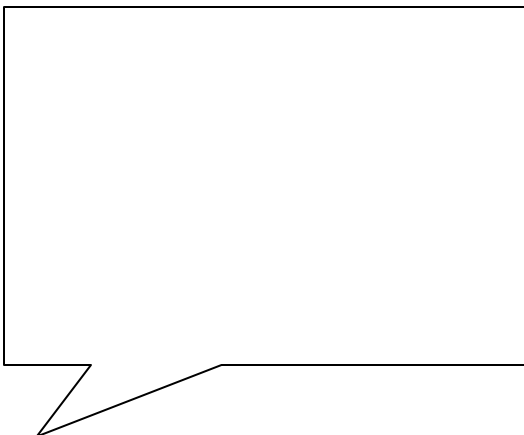


Important Job 3

2. The stomach acts like a _____, mashing together all the food that came down the _____ into smaller and smaller pieces!
3. The stomach also receives help from _____ . These juices help further _____ food AND _____ that might be in the food.

D. 22 Feet Isn't Small at ALL

1. The SMALL intestine is a LONG tube that is actually about _____ FEET long!!!
2. The small intestine _____ food so your body can absorb _____, _____, _____, _____, & _____.
3. The small intestine gets help from THREE friends in digesting foods: _____, _____, & the _____.
4. The three friends have specific jobs. In the boxes, identify the friends to the small intestine and illustrate their PURPOSE using COLOR in the boxes and describe the PURPOSE on the lines.



5. Food can spend up to _____ hours in the small intestine.

E. **Love Your Liver:**

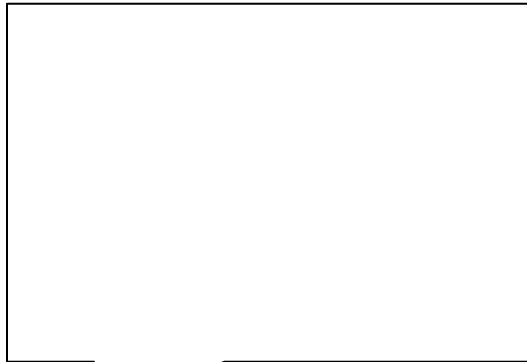
1. The Liver has FOUR very important jobs.
List them below:

F. That's One Large Intestine

1. Although it's packed and crammed into your body, the large intestine, if spread out would be _____ FEET LONG!!!
2. The large intestine has a tiny tube with a closed end coming off it called the _____.
3. After most of the nutrients are removed from food, there is _____ left over that needs to be passed out of your body.
4. Before it is excreted from your body, the waste goes through the _____. (The last chance spot for your body to absorb _____ & _____.) As the last remaining nutrients and water are removed, the waste becomes _____ and is excreted out of your body in the form of a _____.

G. Dig That Digestive System

Identify **TWO** things you can do to help keep your DIGESTIVE SYSTEM healthy and happy. Discuss your ideas on the lines, and illustrate in the box!



Keep the DIGESTIVE SYSTEM Healthy Idea #1!



Keep the DIGESTIVE SYSTEM Healthy Idea #2!
