

# The Muscular System!



Your test for this chapter is a ‘choice project!’ You have 3 options to choose from. All projects will have the same requirements and will all be worth 45 points! Use the Rubrics/Project descriptions below to make your decision!

Create a movie or a song about the Muscular System. (Song can be song in front of class, or video taped and emailed to me.) Movie must submitted electronically via email.)

Movie/Song MUST be a minimum of 2 minutes long. (5 points) Movie/Song MUST have a point, theme, or a recognizable beat. (5 points) Movie/Song MUST include the following information:

- \*What are muscles (5 points)
- \*What are the different types of muscles (5 points)
- \*Where are EACH of the types of muscles found (5 Points)
- \*What’s the difference between Involuntary and Voluntary Muscles and examples of both (5 Points)
- \*How many muscles are there in the body (5 points)
- \*At least 2 different MAJOR muscles stated (5 points)
- \*Difference between Gross Muscle and Fine Mus-

Create a PowerPoint or other Digital Media Project about the Muscular System. (Project can be saved to a flash drive or submitted electronically via email.)

Project MUST be a minimum of 10 Slides. (5 points)  
Project MUST be free of grammatical /spelling errors. (5 points) Project MUST include the following information:

- \*What are muscles (5 points)
- \*What are the different types of muscles (5 points)
- \*Where are EACH of the types of muscles found (5 Points)
- \*What’s the difference between Involuntary and Voluntary Muscles and examples of both (5 Points)
- \*How many muscles are there in the body (5 points)
- \*At least 2 different MAJOR muscles stated (5 points)
- \*Difference between Gross Muscle and Fine Muscle Groups (Remember our experiment!) (5 Points)

Create a brochure (paper pencil or high-tech) about the Muscular System.

Brochure MUST have a title side and 5 other completed sides. (5 points) Brochure MUST be free of grammatical and spelling errors (5 points) Brochure MUST include the following information:

- \*What are muscles (5 points)
- \*What are the different types of muscles (5 points)
- \*Where are EACH of the types of muscles found (5 Points)
- \*What’s the difference between Involuntary and Voluntary Muscles and examples of both (5 Points)
- \*How many muscles are there in the body (5 points)
- \*At least 2 different MAJOR muscles stated (5 points)
- \*Difference between Gross Muscle and Fine Muscle Groups (Remember our experiment!) (5 Points)

